

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Sheyenne Crossings

Senior Living

		1 8:00a 130 th Rose Parade on ABC/NBC 1:00p Rose Bowl Game Ohio State vs Washington <small>New Year's Day</small>	2 9:30a Forever Fit 2:00p Sing-Along	3 9:30a Worship Service 10:30a Whoga 1:00p Catholic Mass 1:00-2:00p West Fargo Library 2:00p Bingo	4 9:30a Forever Fit 2:00p Tour of Vitalant Blood Bank	5 9:00-10:00a Morning Manna with the Winje's 10:30a Whoga 2:00p Puzzle Put Together
6 10:30a Mass on TV 11:00a Messiah Lutheran Church—TV 2:00p Cards—Whist 7:00p Lawrence Welk "Broadway Musicals"	7 9:00-9:30a Glasses Adjustments 9:30a Forever Fit 11:00a Rosary 11:00a Restaurant of Your Choice 2:00p Gettin' Crafty!	8 9:30a Bible Study 10:30a Whoga 1:00p Catholic Mass 2:00p Bingo	9 9:30a Forever Fit 2:00p Birthday Party Entertainment: Jack Sand's Magic Show	10 9:30a Worship Service 10:30a Whoga 2:00p Bingo 3:45-4:45p Pre-dinner Music by West Beaton Conservatory	11 9:00a-1:00 Volunteer at Churches United feeding the homeless 9:30a Forever Fit 2:00p Rummikub – on your own 7:00p Music by Reverend Paul Cavette	12 9:30a Whoga 2:00p Dominoes
13 10:30a Mass on TV 11:00a Messiah Lutheran Church—TV 2:00p Pool Games 7:00p Lawrence Welk "200 Years of American Music—Part 1"	14 9:30a Forever Fit 11:00a Rosary 2:00p Hot Chocolate Social	15 9:30a Bible Study 10:30a Whoga 1:00p Catholic Mass 2:00p Bingo	16 9:30a Forever Fit 2:00p Art Presentation by Steve Stark	17 9:30a Worship Service 10:30a Whoga 2:30p Coffee with a Cop	18 9:00-9:30a Hearing aid cleaning 9:30a Forever Fit 2:00p Linus Project	19 9:00-10:00a Morning Manna with the Winje's 10:30a Whoga 2:00p Scrabble
20 10:30a Mass on TV 11:00a Messiah Lutheran Church—TV 2:00p Cards—Pinochle 7:00p Lawrence Welk "200 Years of American Music—Part 2"	21 9:30a Forever Fit 11:00a Rosary 2:00p Welcome Party for Austin Rund, our new Housing Manager <small>Martin Luther King Day Tu B'Shevat</small>	22 9:30a Bible Study 10:30a Whoga 1:00p Catholic Mass 2:00p Bingo	23 9:30a Forever Fit 11:00a Restaurant of Your Choice 2:00p Music by Clark Gaebel	24 9:30a Worship Service 10:30a Whoga 11:00a Senior Luncheon at Rustad Rec Center 2:00p Bingo	25 9:30a Forever Fit 2:00p Hobbies in the Lobby	26 9:30a Whoga 2:00p Rummikub 1:00-3:00p Massages by Audrey
27 10:30a Mass on TV 11:00a Messiah Lutheran Church—TV 2:00p Cards—Rummy 7:00p Lawrence Welk "The Italian Show"	28 9:30a Forever Fit 11:00a Rosary 2:00p Netflix Movie & Popcorn <small>Australia Day (observed)</small>	29 9:30a Bible Study 10:30a Whoga 1:00p Catholic Mass 2:00p Bingo	30 9:30a Forever Fit 2:00p Music by the Country Auggies	31 9:30a Worship Service 10:30a Whoga 2:00p Bingo 4:00p Happy Hour		