

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019

## Sheyenne Crossings Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
					<b>1</b>	<b>2</b>							
					9:30a Forever Fit 2:00p February Craft	9:30a Whoga 2:00p Dice Games <small>Groundhog Day</small>							
10:30a Mass on TV 11:00a Messiah Lutheran Church—TV 3:30p Super Bowl Party in Club Room 5:30p Super Bowl Football Game on CBS	3	9:00-9:30a Glasses Adjustments 9:30a Forever Fit 11:00a Rosary 11:00a Culver's 2:00p "Be Alert to Financial Fraud" Presentation by Earl Jarolimek of Edward Jones Financial	4	9:30a Bible Study 10:30a Whoga *1:00p Catholic Mass 2:00p Bingo <small>Chinese New Year</small>	5	9:30a Forever Fit 10:15a Activity Planning with Teresa 2:00p Music by Paul Swanstrom	6	*9:30a Worship Service 10:30a Whoga 1:00-2:00p West Fargo Library 2:00p Bingo	7	9:30a Forever Fit 2:00p Neuropathy Seminar with All Seasons Full Body Chiropractic Center (Public invited)	8	9:30a Whoga 2:00p Billiards	9
10:30a Mass on TV 11:00a Messiah Lutheran Church—TV 2:00-4:00p Fran Rebstock's 95 <sup>th</sup> Birthday Party 6:00p Lawrence Welk Show: "Mardi Gras"	10	9:30a Forever Fit 11:00a Rosary 2:00p Silver Follies Valentine Program	11	9:30a Bible Study 10:30a Whoga *1:00p Catholic Mass 2:00p Bingo	12	9:30a Forever Fit 2:00p Birthday Party Entertainment by: Steve Krauscher	13	*9:30a Worship Service 10:30a Whoga 2:00p Bingo 6:30p Acapella Express <small>Valentine's Day</small>	14	9:00-9:30a Hearing aid cleaning 9:30a Forever Fit 2:00p Linus Project	15	9:30a Whoga 2:00p Checkers	16
10:30a Mass on TV 11:00a Messiah Lutheran Church—TV 2:00p Cards—Whist 6:00p The Lawrence Welk Show: "Salute to New York City"	17	9:30a Forever Fit 11:00a Rosary 2:00p First Ladies Trivia <small>Presidents' Day (US)</small>	18	9:30a Bible Study 10:30a Whoga *1:00p Catholic Mass 2:00p Bingo	19	9:30a Forever Fit 11:00a Red Lobster 2:00p Music by Leonard & Betty Wahl	20	*9:30a Worship Service 10:30a Whoga 2:00p Bingo	21	9:30a Forever Fit 2:00p Margarita Madness Party	22	9:00-10:00a Morning Manna with the Winjes 10:30a Whoga 1:00-3:00p Massages by Audrey	23
10:30a Mass on TV 11:00a Messiah Lutheran Church—TV 2:00p Cards—Pinochle 6:00p The Lawrence Welk Show: "Big Band Days"	24	9:30a Forever Fit 11:00a Rosary 2:00p Beading	25	9:30a Bible Study 10:30a Whoga *1:00p Catholic Mass 2:00p Bingo	26	9:30a Forever Fit Noon ROMEO 2:00p Music by Clark Gaebel	27	*9:30a Worship Service 10:30a Whoga 2:00p Bingo	28	*=Available for viewing on Channel 94  "While it is February one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch." --Patience Strong--			