
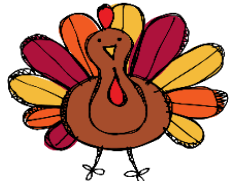



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations of Activities: T = Theater P = Pub DR = Dining Room GR = Great Room LER = Life Enrichment Room C = Centrum/Chapel PL = Parking Lot OP = Outdoor Patio WC = Wellness Center		1 9:30a: Walking Group – GR 12:00p: Kroll’s Diner Outing 1:30p: Halloween Bingo – P 2:00p: Barnes and Noble Shopping 3:00p: Whiskey Tasting – P	2 10:00a: Exercise – T 11:00a: Twister Trivia – GR 2:00p: Catholic Service – C 2:30p: Birthday Bash – P 3:00p: Gratitude Tree – P	3 9:30a: Walking Group – GR 10:30a: Family Feud – T 12:00p: Denny’s Outing 2:00p: Hornbacher’s Shopping 2:30p: The Price is Right – Thanksgiving Edition	4 10:00a: Exercise – T 11:00a: Book Club – 2 nd Floor 1:00p: Exercise – T 2:00p: Happy Hour with Popcorn 3:00p: Golden Oldies Music – C 6:30p: Movie – T	5 1:00p: Exercise–T 2:00p: Card Club – GR 6:30p: Movie – T
6 2:00p: Worship Service – C 3:00p: Card Club – GR 6:30p: Movie – T Day Light Savings! Set your clocks back 1 hour!	7 10:00a: Exercise – T 10:00a: Eats N’ Treats Baking Group – LER 1:30p: Fruit Cup Social – P 2:00p: Bingo – P	8 7:30a-9:00a: Lumber Jack Breakfast – DR 12:00p: Granite City Outing 2:00p: Voting Outing 2:00p: Hymn Sing – GR 3:00p: Rick Miller Music – C	9 10:00a: Exercise – T 10:00a: Library – P 11:00a: Schwan’s Man – GR 10:30a: Yoga and Relaxation –T 2:00p: Catholic Service – C 2:30p: Animals of the World with John – P	10 9:30a: Walking Group – GR 12:00p: Boston’s Pizza 2:00p: Target Shopping 2:00p: Bible Study – P 2:30p: Happy Hour with Vanilla Cupcake Social – P	11 10:00a: Exercise – T 10:00a: Park Christian School Performance – C 11:00a: Book Club – 2 nd Floor 1:00p: Exercise – T 2:00p: Veteran’s Day Program – C 6:30p: Movie – T	12 1:00p: Exercise–T 2:00p: Card Club – GR 6:30p: Movie – T
13 USA DAY! 2:00p: Worship Service – C 3:00p: Card Club – GR 6:30p: Movie – T	14 TURKEY DAY! 10:00a: Exercise – T 10:00a: Eats N’ Treats Baking Group – LER 1:30p: National Pickle Day Social – P 2:00p: Bingo – P	15 DECADES DAY! 9:00a: Walk the Track at the Rustad Center 11:30a-1:30p: West Acres Mall Shopping and Lunch 1:30p: Movie Matinee – T 2:30p: Bundt Cake Social – P 3:00p: Brian Breitbarth Music – GR	16 CRAZY HAT & SOCK DAY! 10:00a: Exercise – T 11:00a: Our Planet Documentary – Episode 3 – T 2:00p: Catholic Service – C 2:30p: Tie-Dye Shirts – P/OP Ethos Nail Care – Sign up in Binder	17 SPORTS DAY! 9:30a: Walking Group – GR 10:30a: Balloon Volleyball – GR 12:00p: Wurst Bier Hall Outing 2:00p: Walmart Shopping 3:00p: Norski Brothers Music – C	18 TIE-DYE DAY! 10:00a: Exercise – T 11:00a: Book Club – 2 nd Floor 1:00p: Exercise – T 2:00p: Happy Hour with Popcorn 6:30p: Movie – T	19 ANIMAL DAY! 1:00p: Exercise–T 2:00p: Card Club – GR 6:30p: Movie – T
20 2:00p: Worship Service – C 3:00p: Card Club – GR 6:30p: Movie – T	21 10:00a: Exercise – T 10:00a: Eats N’ Treats Baking Group – LER 1:30p: Gingerbread Cookies Social – P 2:00p: Thanksgiving Bingo – P	22 9:30a: Walking Group – GR 10:30a: Tai Chi Exercise – T 12:00p: Sickies Outing 2:00p: Walgreens Shopping 2:00p: Hymn Sing – GR 3:00p: Tucker’d Out Music – C	23 10:00a: Exercise – T 10:00a: Library – P 11:00a: Schwan’s Man – GR 2:00p: Catholic Service – C 2:30p: Bible Study – P	24 Happy Thanksgiving! 	25 10:00a: Exercise – T 11:00a: Book Club – 2 nd Floor 1:00p: Exercise – T 2:00p: Happy Hour with Taquitos – P 6:30p: Movie – T	26 1:00p: Exercise–T 2:00p: Card Club – GR 6:30p: Movie – T
27 2:00p: Worship Service – C 3:00p: Card Club – GR 6:30p: Movie – T	28 10:00a: Exercise – T 10:00a: Eats N’ Treats Baking Group – LER 2:00p: Dog Show–GR	29 9:30a: Walking Group – GR 11:00a-12:00p: Blood Pressure Clinic – GR 12:00p: Wild Rice Bar Outing 2:00p: Dollar General Shopping 2:30p: Hard Ice Cream Social – P 6:30p: Prime Time Choir Music– C	30 10:00a: Exercise – T 11:00a: Family Feud – T 2:00p: Catholic Service – C 2:30p: Bingo – P 3:30p: Jan Severson Music–C			

November Events:

Laughing Yoga will meet every Friday following Happy Hour – 1st Floor Lounge

- Fall Festival Dress up Week will be held the 13th-19th. Please see flyer for details!
- Lumber Jack Breakfast will be on the 8th from 7:30am-9:00am in the Dining Room!
- Please sign up in binder for following activities:
 - Voting Outing – 8th at 2pm.
 - Walk the track at Rustad Center – 15th at 9am.
 - Tie-Dye Shirts – 16th at 2:30pm.