

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



September 2022

Sheyenne Crossings Senior Living Activity Calendar

Live Well. Grow Bolder.

				<p>9:30a Worship Service+</p> <p>10:30a Whoga+</p> <p>2:00p Bingo++</p>	<p>9:30a Forever Fit+</p> <p>2:00p Music by Tim Mosser++</p> <p>3:30p Bike Riding w/ T (weather permitting)++</p>	<p>9:30a Whoga+</p> <p>2:00p Rummikub++</p> <p>2:30p Bison Home Football Game in Sheyenne Studio++</p>
<p>10:30a Mass-Ch. 6+</p> <p>11:00a Messiah Lutheran on Ch. 6+</p> <p>2p Cards—Pinochle++</p> <p>6:00p The Lawrence Welk Show+</p>	<p>HAVE A RELAXING LABOR DAY</p> 	<p>9:30a Bible Study+</p> <p>10:30a Whoga+</p> <p>1:00p Catholic Mass+</p> <p>2p Bingo with Becky++</p>	<p>9:30a Forever Fit+</p> <p>2:00p Music by: Chuck Fox++</p>	<p>9:30a Worship Service+</p> <p>10:30a Whoga+</p> <p>2:00p Bingo++</p> <p>4:00p Club Cocktails+</p>	<p>9:30a Forever Fit+</p> <p>2:00p Team Family Feud++</p> <p>3:30p Bike Riding w/ T (weather permitting)++</p>	<p>9:30a Whoga+</p> <p>2:00p Sorry! Board Game++</p> <p>2:30p Bison Home Football Game in Sheyenne Studio++</p>
<p>10:30a Mass-Ch. 6+</p> <p>11:00a Messiah Lutheran on Ch. 6+</p> <p>2p Cards—Rummy++</p> <p>6:00p The Lawrence Welk Show+</p>	<p>9:30a Forever Fit+</p> <p>10:30a Massages+ by Cathy in Sheyenne Studio</p> <p>11:00a Dining Out at The Olive Garden+</p> <p>1-2p Coco's Grandparents Day Celebration in CS++</p> <p>2:30p Cardio Drumming+</p>	<p>10:30a Whoga+</p> <p>1:00p Catholic Mass+</p> <p>2:00p Bingo++</p>	<p>9:30a Forever Fit+</p> <p>2:00p Birthday Party Entertainment by: Tim Mosser++</p> <p>3:30p Bike Riding w/ T (weather permitting)++</p>	<p>9:30a Worship Service+</p> <p>10:30a Whoga+</p> <p>1:00p West Fargo Public Library here</p> <p>2:00p Bingo++</p>	<p>9:30a Forever Fit+</p> <p>2:00-4:00p Wellness & Activity Interest Fair++</p>	<p>9:30a Whoga+</p> <p>2:00p Balloon Ball++</p>
<p>10:30a Mass-Ch. 6+</p> <p>11:00a Messiah Lutheran on Ch. 6+</p> <p>2:00p Cards—Whist++</p> <p>6:00p The Lawrence Welk Show+</p>	<p>9:30a Forever Fit+</p> <p>11:00a Dining Out at Randy's Diner Too+</p> <p>2p Blank Slate Game+</p> <p>6:00p West Fest SC Float Parade++</p>	<p>9:30a Bible Study+</p> <p>10:30a Whoga+</p> <p>11:45a Men's Meal+</p> <p>1:00p Catholic Mass+</p> <p>2:00p Bingo++</p>	<p>9:30a Forever Fit+</p> <p>10a Coffee with a Cop at Sandy's Donuts++</p> <p>2p Balloon Volleyball++</p>	<p>9:30a Worship Service+</p> <p>10:30a Whoga+</p> <p>2:00p Bingo++</p> <p>4:00p Club Cocktails+</p>	<p>9:30a Forever Fit+</p> <p>12-12:30p Hearing Aid Cleaning in Club Room</p> <p>2p Indigenous Craft+</p>	<p>9:30a Whoga+</p> <p>1:00p Bison Away Football Game in Sheyenne Studio++</p> <p>2:00p Dominoes++</p>
<p>10:30a Mass-Ch. 6+</p> <p>11:00a Messiah Lutheran on Ch. 6+</p> <p>1-3p Apple Dumpling Day at Riverview-RSVP</p> <p>6:00p The Lawrence Welk Show+</p>	<p>9:00a-3:00p Trip to Dakota Magic Casino++</p> <p>9:30a Forever Fit+</p> <p>10:30a Massages+ by Cathy in Sheyenne Studio</p> <p>2:00p Popcorn & Movie "Beaches" +</p>	<p>10:30a Whoga+</p> <p>1:00p Catholic Mass+</p> <p>2:00p Bingo++</p> <p>3:30p Bike Riding w/ T (weather permitting)++</p>	<p>9:30a Forever Fit+</p> <p>2:00p Music by: Larry Charon++</p>	<p>9:30a Worship Service+</p> <p>10:30a Whoga+</p> <p>2:00p Bingo++</p>	<p>9:30a Forever Fit+</p> <p>2:00p Jeopardy! +</p>	

All activities are subject to change.

