

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Every Sunday Channel 6: 10:30 Catholic Mass 11 Messiah Evangelical 7 Lawrence Welk	*Activities are subject to change	1 10- Autumn Trivia and Facts (DR)	2	3 National U.S. Bowling League Day! 10- Yoga and Relaxation (DR)	4	5
6 2- Worship Service Channel 99.1	7	8 National Ants on a Log Day! 10- Ants on a Log Social (DR)	9	10 10- Bingo (DR)	11	12
13 2- Worship Service Channel 99.1	14	15 10- Autumn Canvas Painting (DR)	16	17 10- Basketball (DR)	18	19
20 2- Worship Service Channel 99.1	21	22 National Ice Cream Cone Day! 10- Ice Cream Cone Social (DR)	23	24 10- Acorn Craft (DR)	25	26
27 2- Worship Service Channel 99.1	28	29 National Coffee Day! 10- Cookies and Coffee (DR)	30	Wellness Passport Key Emotional Intellectual Occupational Physical Social Spiritual	* Independent Activities are Available in Nurses Station.	Key DR – Dining Room C – Centrum P - Patio