

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Passport Key Emotional Intellectual Occupational Physical Social Spiritual		1 3 – Bible Study (DR)	2 3 – Birthday Bash (DR)	3 3 – Bingo (DR)	4 3 – Social Circle (DR)	5 Nail Care
6 2- Worship Service Channel 99.1	7 3 – Autumn Foam Crafts (DR)	8 3 – Bingo (DR)	9 3 – Hymn Sing (DR)	10 3 – Bingo (DR)	11 3 – Chair Exercises (DR)	12 Nail Care
13 2- Worship Service Channel 99.1	14 3 – Old Wives Tales (DR)	15 3 – Bible Study (DR)	16 3 – Resident Council (C)	17 3 – Bingo (DR)	18 3 – Social Circle (DR)	19 Nail Care
20 2- Worship Service Channel 99.1	21 3 – Chair Yoga (DR)	22 3 – Bingo (DR)	23 3 – Autumn Canvas Painting (DR)	24 3 – Bingo (DR)	25 3 – Hymn Sing (DR)	26 Nail Care
27 2- Worship Service Channel 99.1	28 3 – Trivia (DR)	29 3 – Bible Study (DR)	30 3 – Hangman Game (DR)	*Activities are subject to change	Key DR – Dining Room C – Centrum P - Patio	Every Sunday Channel 6: 10:30 Catholic Mass 11 Messiah Evangelical 7 Lawrence Welk