

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022

*Live Well. Grow Bolder.*

9:30a Whoga **1**

2:00p Picotte's Delivering Treats!

**Happy New Year!**

10:30a Mass on TV <b>2</b> 11:00a Messiah Lutheran Church—TV 2:00p Cards—Pinochle 6:00p The Lawrence Welk Show	9:30a Forever Fit <b>3</b> 2:00p Rummikub (On Your Own)	10:30a Whoga <b>4</b> 1:00p Catholic Mass 2:00p Bingo	9:30a Forever Fit <b>5</b> 11:00a Dining Out at The Shack 2:00p Music by: Tim Mosser	9:30a Worship Service <b>6</b> 10:30a Whoga 2:00p Bingo	9:30a Forever Fit <b>7</b> 10:15a Activity Planning with Teresa 2p Popcorn & Movie "Queen Bees"	9:30a Whoga <b>8</b> 2:00p Dice Games
10:30a Mass on TV <b>9</b> 11:00a Messiah Lutheran Church—TV 2:00p Cards—Rummy 6:00p The Lawrence Welk Show	9:30a Forever Fit <b>10</b> 11:00a Dining Out at The Blarney Stone 2:00p Cardio Drumming	9:30a Bible Study <b>11</b> 10:30a Whoga 1:00p Catholic Mass 2:00p Bingo	9:30a Forever Fit <b>12</b> 2:00p Birthday Party Entertainment by: Leo Kiefer	9:30a Worship <b>13</b> 10:30a Whoga 2:00p Bingo	9:30a Forever Fit <b>14</b> 2p Teresa's Wheel of Missed Fortune	9:30a Whoga <b>15</b> 2:00p Dominoes
10:30a Mass on TV <b>16</b> 11:00a Messiah Lutheran Church—TV 2:00p Movie Make-up "Call of the Wild" 6:00p Lawrence Welk	9:30a Forever Fit <b>17</b> 1-2p Coffee with a Cop at Sandy's Donuts 2:30p Bingo Blitz!	10:30a Whoga <b>18</b> 1:00p Catholic Mass 2:00p Bingo Blitz!	9:30a Forever Fit <b>19</b> 11:00a Dining Out at The West Fargo VFW 2:00p Music by: Merril Peiepkorn & Loy Larson "The Radio Stars Duo"	9:30a Worship Service <b>20</b> 10:30a Whoga 1p West Fargo Public Library in Dining Room 2:00p Bingo Blitz!	9:30a Forever Fit <b>21</b> 2p Bingo Blitz!	9:30a Whoga <b>22</b> 2:00p Rummikub
10:30a Mass on TV <b>23</b> 11:00a Messiah Lutheran Church—TV 2:00p Cards—Whist 6:00p The Lawrence Welk Show	9:30a Forever Fit <b>24</b> 11:00a Dining Out at Longhorn Steak House 2p Let's Get Crafty!	9:30a Bible Study <b>25</b> 10:30a Whoga 1:00p Catholic Mass 2:00p Cops & Dobbers	9:30a Forever Fit <b>26</b> 2:00p Music by: Steve Kraushaar	9:30a Worship <b>27</b> 10:30a Whoga 11:45a M.E.A.T. (Men Eating And Talking) Club 2:00p Bingo	9:30a Forever Fit <b>28</b> 12 Noon Hearing Aid Cleaning in Club Room 2p Team Family Feud	9:30a Whoga <b>29</b> 2:00p Scrabble
10:30a Mass on TV <b>30</b> 11:00a Messiah Lutheran Church—TV 2:00p Cards—Kings in the Corner 6:00p Lawrence Welk	9:30a Forever Fit <b>31</b> 2:00p Jeopardy!	 <p style="text-align: center;"> <b>Sheyenne Crossings Senior Living Activity Calendar</b> </p> 				