

# ELIGIBILITY GUIDELINES

**Eventide Meals on Wheels exists to keep older adults safe, independent and in their home.**

This meal delivery program exists to support older individuals with the greatest needs, those who cannot shop for and/or prepare meals. When meal deliveries are the difference between remaining independent in their home vs. moving to a Senior Living Community.

## **Recipients must be:**

- 60 years or older
- Physically or mentally unable to cook for themselves
- No others available to help prepare food for them
- Unable to go to Senior Center or other outlets for meals
- Live alone
  - Or if two people reside/receive meals at the same address, both must be unable to prepare meals for themselves
- Delivery address is located within the City Limits of Lincoln, Nebraska